

Welcome to

The

Swing Café



at Colinton Parish Church

W

e are here to provide a warm welcoming



place, where you can sit down, relax and enjoy some good food and drink.

We are delighted to welcome all ages to The Swing, but for **safety reasons, we ask you to ensure that young children don't** run around, in the café or the church foyer, especially where hot food is being served.

It is sometimes good in our busy lives, to find a quiet place. The Church is open when the Swing is open for this purpose.

It is our aim, to feed the body and the soul.

The Swing is staffed entirely by volunteers.

If you would like to join one of our happy teams just speak to any of the staff (and please be patient with us, especially on busy days)



Wherever possible, we use Fair Trade products.

Please note that The Swing cannot guarantee that our food is free of nuts, gluten or lactose.

Gluten free dishes (menu items marked *GF*) are not prepared in a gluten free environment. Please inform us when ordering.

We hope you enjoy your visit to
The Swing Café.

Home-made Soup of the Day *(GF)*
(with french bread or oatcakes & butter) £3.00

Toasties (with side salad)
up to two fillings from:
 ham, tomato, cheese, pickle, onion £3.40
 extra filling 30p

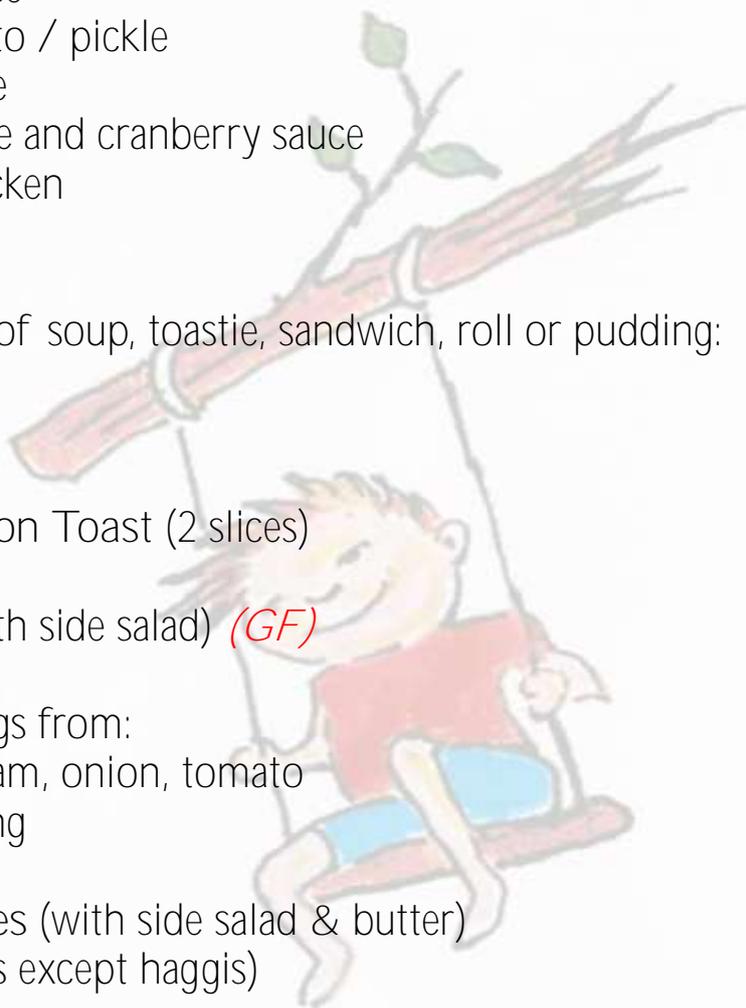
Sandwiches or Filled Rolls (with crisps)
ham & tomato
tuna mayonnaise
cheese & tomato / pickle
egg mayonnaise
brie with lettuce and cranberry sauce
coronation chicken £3.00

Combos
a combination of soup, toastie, sandwich, roll or pudding:
 2 courses £5.30
 3 courses £6.50

Baked Beans on Toast (2 slices) £2.30

Omelettes (with side salad) *(GF)*
plain £2.70
up to two fillings from:
 cheese, ham, onion, tomato £3.00
 extra filling 30p

Baked Potatoes (with side salad & butter)
(*GF* - all fillings except haggis)
cheese
tuna mayonnaise
coronation chicken
coleslaw
egg mayonnaise
haggis
beans £4.00
 extra filling 30p



Salads (*GF*) £2.80
ham
egg mayonnaise
tuna mayonnaise
cheese

Ploughman's Platter (*GF*) £4.50

Extras
roll and butter (*GF* available) 70p
french bread and butter 20p
packet of crisps (*GF*) 50p
2 slices of toast (with butter & jam) £1.00

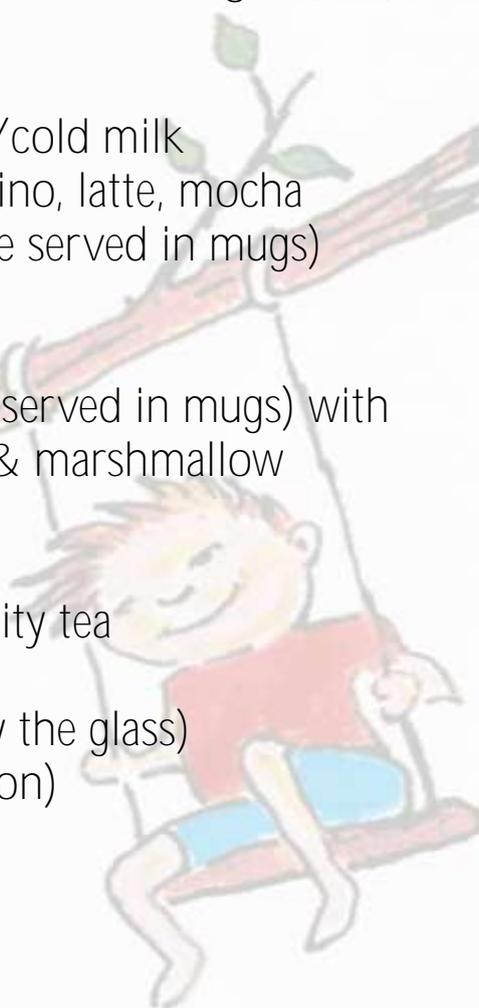
Puddings
See board for daily choice £2.50

vanilla ice cream (3 scoops) (*GF*)
with wafer and chocolate/raspberry/
strawberry sauce £1.50

Baking
gateau £2.00
traybake, shortbread £1.20
toasted teacake £1.40
scone (fruit/cheese) £1.40
gluten free scone (fruit/cheese) (*GF*) £1.50
scotch pancakes (2) £1.20
gluten free scotch pancakes (*GF*) £1.30
chocolate biscuit 30p



Beverages (*GF*)

A faint, stylized illustration of a young child with spiky hair, wearing a red shirt and blue shorts, swinging happily on a swing set. The swing is suspended from a tree branch with green leaves. The illustration is positioned behind the menu text.

espresso, black coffee	£1.30
black coffee with hot/cold milk	£1.60
white coffee, cappuccino, latte, mocha	£1.60
extra shot (coffee served in mugs)	30p
double espresso	£1.60
hot chocolate	£1.40
luxury hot chocolate (served in mugs) with whipped cream & marshmallow	£1.80
decaffeinated coffee	£1.20
pot of tea	£1.00
herbal, fruit or speciality tea	£1.30
refill of coffee	£1.00
fruit juices or milk (by the glass)	80p
fruit juices (small carton)	80p
diluting squash	30p
Coke/Diet Coke	£1.00

Kid's Combo – £2.50

(for children under 12)
for any 2 items and a diluting squash drink

Soup

Small soup with bread

Mains

Beans on toast

Small sandwich with a choice of filling

Small baked potatoes with a choice of filling

Toastie (full portion) with a choice of filling - £1 extra

Desserts

Ice cream

Fruit jelly

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THE SWING

How do you like to go up in a swing,
Up in the air so blue?
Oh, I do think it the pleasantest thing
Ever a child can do!

Up in the air and over the wall,
Till I can see so wide,
Rivers and trees and cattle and all
Over the countryside -

Till I look down on the garden green,
Down on the roof so brown -
Up in the air I go flying again,
Up in the air and down.

*by Robert Louis Stevenson,
who played on the swing in the yew tree
outside the east window*

So, you may ask, why “*The Swing*”?

As a child in the 1850s, writer Robert Louis Stevenson frequently spent his summer holidays with his maternal grandfather, Rev Dr Lewis Balfour, minister of Colinton Parish Church. Robert and his cousins played on a swing hung from the yew tree in the garden of the manse which you can see from one of the café windows.

Swing Holidays 2018

Christmas Holiday

Swing closes on Friday 14th December
and reopens on Monday 14th January 2019



Wi-fi is available here,
please ask at the office
for access details



Minister
Rev Rolf Billes

Associate Minister
Rev Gayle Taylor

Catering Manager
Cathy Miller



COLINTON PARISH CHURCH

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